

Perth to Rockingham bike route

Riding from Perth CBD to Rockingham



TRAVELLING BY BIKE:

Riding a bicycle is becoming increasingly popular in Western Australia. In addition to reducing traffic congestion on our roads, cycling also improves health and fitness and is a fun and inexpensive way to get around.

This map shows various routes you can ride along to get to your destination. It will also help you gauge how long it will take to travel a particular distance, with most people able to cover 10km in 30-40 minutes.



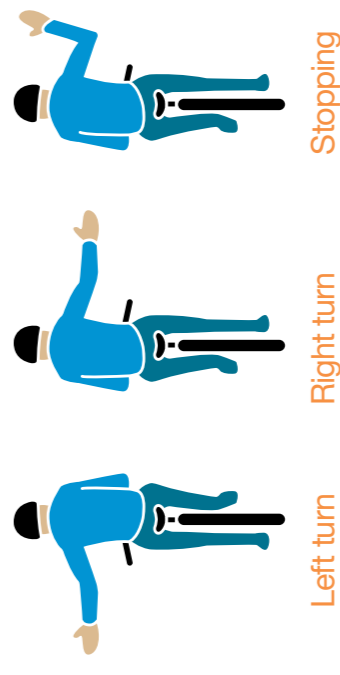
TRAVEL TIPS:

- Plan your journey and know your route.
- Always wear a helmet.
- Make yourself visible to other road users.
- Lock your bike up where you feel it is safe.
- Take a bottle of water with you.

SHARED PATH SAFETY TIPS:

- Always give way to pedestrians.
- Ride slowly around other path users.
- Travel in single file.
- Keep left unless overtaking.
- Ring your bell to alert path users of your approach.
- Provide adequate space when passing.

HAND SIGNALS:



Left turn

Right turn

Stopping



Time required to travel distance

Distance (km)	15km/h (Easy Cycle)	30km/h (Fast Cycle)
1	4 mins	2 mins
2	8 mins	4 mins
5	20 mins	10 mins
10	40 mins	20 mins
15	60 mins	30 mins
20	80 mins	40 mins

Published by the Department of Transport. For other Bikewest publications and further information visit www.transport.wa.gov.au/cycling

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Location Map



See map other side

Map 2

Legend

- Preferred Route (Shared by Pedestrians & Cyclists)
- On Road Route
- High Quality Shared Path
- Other Shared Path
- Good Road Riding Environment
- Sealed Shoulder or Bicycle Lane
- Railway, Train Station
- Freight Railway
- Take Extra Care
- Bike Shop, Bike Parking
- Bike Locker, Shelter
- Point of Interest
- Pleasant Rest Area
- Public Toilets
- Shopping Area
- Walk Trail

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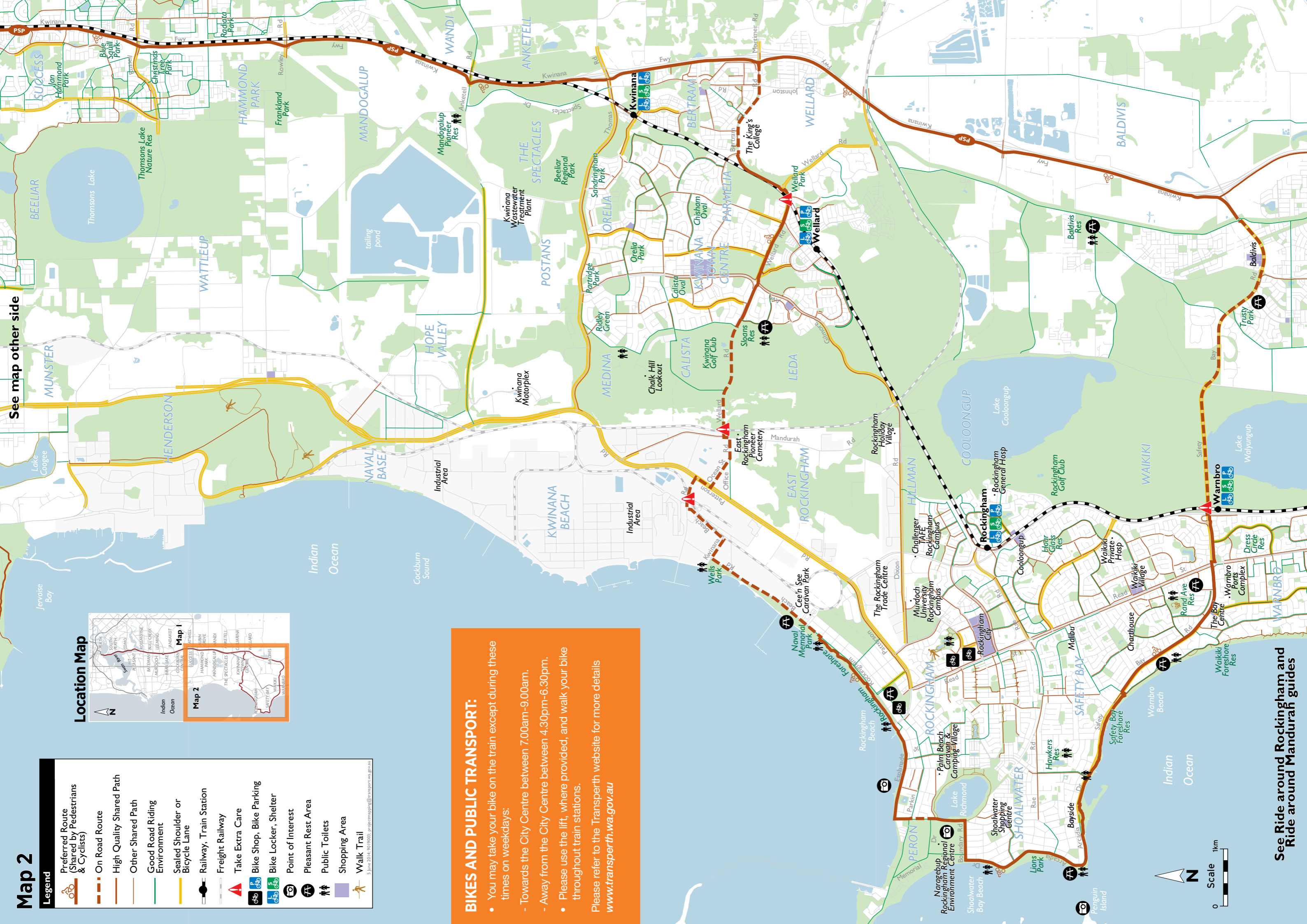
BIKES AND PUBLIC TRANSPORT:

- You may take your bike on the train except during these times on weekdays:
 - Towards the City Centre between 7.00am-9.00am.
 - Away from the City Centre between 4.30pm-6.30pm.
- Please use the lift, where provided, and walk your bike throughout train stations.

Please refer to the Transperth website for more details www.transperth.wa.gov.au



See map other side



Scale 1km

See Ride around Rockingham and Ride around Mandurah guides