# Fatigue – driver logs

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| Date: |  | Day: |  | Driver: |  |

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| midnight | | 0100 | | | | 0200 | | | | 0300 | | | | 0400 | | | | 0500 | | | | 0600 | | | | 0700 | | | | 0800 | | | | 0900 | | | | 1000 | | | | 1100 | | | | 1200 | | | |
| Day | Work Time |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Breaks from driving |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Non-work time |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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| midday | | 1300 | | | | 1400 | | | | 1500 | | | | 1600 | | | | 1700 | | | | 1800 | | | | 1900 | | | | 2000 | | | | 2100 | | | | 2200 | | | | 2300 | | | | 2400 | | | |
| Day | Work Time |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Breaks from driving |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Non-work time |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

NOTE: Divisions of each hour are marked in 15-minute increments

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| **Definitions** | |
| Work Time | Driving, loading/ unloading, breaks from driving  <30 min, maintenance, completing documentation |
| Breaks from driving | <30 min, napping |
| Non-work Time | Rest >30 min, sleeping, time away from vehicle |

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| Driver’s signature |